

90 DAY LO RESET

ACTION BUILDER

Turn the plan into specific actions you can actually execute.

You have done the hard thinking: you established a production target and chose the business priorities that matter most. Now we bridge the gap between intention and execution. You are not expected to know every answer immediately. If this were easy, everyone would do it consistently.

HOW TO USE THE ACTION BUILDER

For each top Reset priority, ask: What would I actually have to DO for this goal to move forward? List actions - not hopes, outcomes, or vague intentions. We will prioritize and calendar them later.

PRIORITY 1

Priority / goal:

What result would tell me this priority is moving forward?

Actions that could create this result:

SPECIFIC ACTION	FREQUENCY	HOW I'LL TRACK IT

Which ONE action should begin first?

What could get in the way of completing it?

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PRIORITY 2

Priority / goal:

What result would tell me this priority is moving forward?

Actions that could create this result:

SPECIFIC ACTION	FREQUENCY	HOW I'LL TRACK IT

Which ONE action should begin first?

What could get in the way of completing it?

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PRIORITY 3

Priority / goal:

What result would tell me this priority is moving forward?

Actions that could create this result:

SPECIFIC ACTION	FREQUENCY	HOW I'LL TRACK IT

Which ONE action should begin first?

What could get in the way of completing it?

MY FIRST ACTION STACK

You do not need to execute every action at once. With your coach, choose the first one or two actions to put into practice. Once they are working, stack the next action on top.

Action I will start first:

When / how often I will do it:

Second action to add when I am ready:

COACHING REVIEW

First action approved / adjusted:

Tracking method / CoachKit habit:

What we are deliberately postponing: